

# Natural Substances Versus Drugs

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**31 Problem Substances Researched for Natural Substances Versus Drugs**

NAME	AC	CK	FOCUS
Fluoxetine (trade name Prozac) (/keyword/natural-substances-versus-drugs?ed=25949)	14 (/keyword/natural-substances-versus-drugs)	110 (/keyword/natural-substances-versus-drugs)	
Mefenamic acid (/keyword/natural-substances-versus-drugs?ed=60232)	5 (/keyword/natural-substances-versus-drugs)	50 (/keyword/natural-substances-versus-drugs)	
Chlorhexidine gluconate (/keyword/natural-substances-versus-drugs?ed=69139)	4 (/keyword/natural-substances-versus-drugs)	40 (/keyword/natural-substances-versus-drugs)	
Diclofenac (/keyword/natural-substances-versus-drugs?ed=26684)	5 (/keyword/natural-substances-versus-drugs)	34 (/keyword/natural-substances-versus-drugs)	
Non-Steroidal Anti-Inflammatory Drugs (NSAIDs) (/keyword/natural-substances-versus-drugs?ed=26681)	5 (/keyword/natural-substances-versus-drugs)	28 (/keyword/natural-substances-versus-drugs)	
Antibiotics (/keyword/natural-substances-versus-drugs?ed=29653)	4 (/keyword/natural-substances-versus-drugs)	22 (/keyword/natural-substances-versus-drugs)	
Ibuprofen (/keyword/natural-substances-versus-drugs?ed=29653)	3 (/keyword/natural-substances-versus-drugs)	22 (/keyword/natural-substances-versus-drugs)	

**317 Diseases Researched for Natural Substances Versus Drugs**

NAME	AC	CK	FOCUS
Depression (/keyword/natural-substances-versus-drugs?ed=1620)	32 (/keyword/natural-substances-versus-drugs)	253 (/keyword/natural-substances-versus-drugs)	
Dental Plaque (/keyword/natural-substances-versus-drugs?ed=68080)	12 (/keyword/natural-substances-versus-drugs)	120 (/keyword/natural-substances-versus-drugs)	
Gingivitis (/keyword/natural-substances-versus-drugs?ed=2275)	11 (/keyword/natural-substances-versus-drugs)	110 (/keyword/natural-substances-versus-drugs)	
Osteoarthritis: Knee (/keyword/natural-substances-versus-drugs?ed=6424)	10 (/keyword/natural-substances-versus-drugs)	100 (/keyword/natural-substances-versus-drugs)	

NAME	AC	CK	FOCUS
Osteoarthritis (/keyword/natural-substances-versus-drugs?ed=825)	12 (/keyword/natural-substances-versus-drugs)	95 (/keyword/natural-substances-versus-drugs)	
Dysmenorrhea (/keyword/natural-substances-versus-drugs?ed=1576)	9 (/keyword/natural-substances-versus-drugs)	90 (/keyword/natural-substances-versus-drugs)	








## 1 Problematic Actions Researched for Natural Substances Versus Drugs

NAME	AC	CK	FOCUS
Low Dose Ionizing Radiation (/keyword/natural-substances-versus-drugs?ed=61170)	1 (/keyword/natural-substances-versus-drugs)	2 (/keyword/natural-substances-versus-drugs)	






## 305 Substances Researched for Natural Substances Versus Drugs


NAME	AC	CK	FOCUS
Saffron (/keyword/natural-substances-versus-drugs?ed=373)	12 (/keyword/natural-substances-versus-drugs)	140 (/keyword/natural-substances-versus-drugs)	
Curcumin (/keyword/natural-substances-versus-drugs?ed=5655)	26 (/keyword/natural-substances-versus-drugs)	100 (/keyword/natural-substances-versus-drugs)	
Turmeric (/keyword/natural-substances-versus-drugs?ed=425)	13 (/keyword/natural-substances-versus-drugs)	90 (/keyword/natural-substances-versus-drugs)	
Ginkgo biloba (/keyword/natural-substances-versus-drugs?ed=186)	9 (/keyword/natural-substances-versus-drugs)	85 (/keyword/natural-substances-versus-drugs)	
Homeopathic Medicine: All (/keyword/natural-substances-versus-drugs?ed=6402)	9 (/keyword/natural-substances-versus-drugs)	82 (/keyword/natural-substances-versus-drugs)	
Ginger (/keyword/natural-substances-versus-drugs?ed=185)	7 (/keyword/natural-substances-versus-drugs)	72 (/keyword/natural-substances-versus-drugs)	
Chamomile (/keyword/natural-substances-versus-drugs?ed=185)	6 (/keyword/natural-substances-versus-drugs)	56 (/keyword/natural-substances-versus-drugs)	

## 10 Therapeutic Actions Researched for Natural Substances Versus Drugs

NAME	AC	CK	FOCUS
Homeopathic Treatment (/keyword/natural-substances-versus-drugs?ed=6688)	5 (/keyword/natural-substances-versus-drugs)	42 (/keyword/natural-substances-versus-drugs)	
Acupressure (/keyword/natural-substances-versus-drugs?ed=6615)	1 (/keyword/natural-substances-versus-drugs)	10 (/keyword/natural-substances-versus-drugs)	
Acupuncture (/keyword/natural-substances-versus-drugs?ed=6509)	1 (/keyword/natural-substances-versus-drugs)	10 (/keyword/natural-substances-versus-drugs)	
Light Therapy (/keyword/natural-substances-versus-drugs?ed=8087)	1 (/keyword/natural-substances-versus-drugs)	10 (/keyword/natural-substances-versus-drugs)	
Massage/Therapeutic Touch (/keyword/natural-substances-versus-drugs?ed=6461)	1 (/keyword/natural-substances-versus-drugs)	10 (/keyword/natural-substances-versus-drugs)	
Moxibustion (/keyword/natural-substances-versus-drugs?ed=6508)	1 (/keyword/natural-substances-versus-drugs)	10 (/keyword/natural-substances-versus-drugs)	
Oil Pulling (/keyword/natural-substances-versus-drugs?ed=6508)	1 (/keyword/natural-substances-versus-drugs)	10 (/keyword/natural-substances-versus-drugs)	

## 127 Pharmacological Actions Researched for Natural Substances Versus Drugs

NAME	AC	CK	FOCUS
Anti-Inflammatory Agents (/keyword/natural-substances-versus-drugs?ed=5167)	65 (/keyword/natural-substances-versus-drugs)	220 (/keyword/natural-substances-versus-drugs)	
Antidepressive Agents (/keyword/natural-substances-versus-drugs?ed=5180)	29 (/keyword/natural-substances-versus-drugs)	199 (/keyword/natural-substances-versus-drugs)	
Analgesics (/keyword/natural-substances-versus-drugs?ed=5137)	29 (/keyword/natural-substances-versus-drugs)	169 (/keyword/natural-substances-versus-drugs)	
Antimicrobial (/keyword/natural-substances-versus-drugs?ed=5579)	20 (/keyword/natural-substances-versus-drugs)	134 (/keyword/natural-substances-versus-drugs)	
Anti-Bacterial Agents (/keyword/natural-substances-versus-drugs?ed=5161)	28 (/keyword/natural-substances-versus-drugs)	130 (/keyword/natural-substances-versus-drugs)	

NAME	AC	CK	FOCUS
Antioxidants (/keyword/natural-substances-versus-drugs?ed=5203)	50 (/keyword/natural-substances-versus-drugs)	119 (/keyword/natural-substances-versus-drugs)	
Research Articles			479
Cumulative Knowledge Score			775
Overall Research Rating			EXCELLENT

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## 530 Abstracts with Natural Substances Versus Drugs Research

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**A systematic review of the literature showed that Permixon was effective for relieving urinary symptoms due to prostate enlargement. (/article/systematic-review-literature-showed-permixon-was-effective-relieving-urinary-s)** [+]

NOV 30, 2016

**Evening primrose oil is a safe medication with similar efficacy for pain control in women with mastalgia to topical NSAIDS, danazol, or vitamin E. (/article/evening-primrose-oil-safe-medication-similar-efficacy-pain-control-women-masta)** [+]

JUN 09, 2021

**Ginkgo biloba, chamomile and kava kava exhibit therapeutic potential in generalizaed anxiety disorder. (/article/ginkgo-biloba-chamomile-and-kava-kava-exhibit-therapeutic-potential-generaliza)** [+]

OCT 15, 2010

**Saffron was effective in the treatment of major depressive disorder and had comparable efficacy to synthetic antidepressants. (/article/saffron-was-effective-treatment-major-depressive-disorder-and-had-comparable-e)** [+]

DEC 31, 2017

**The findings of this study showed that saffron administration was well comparable with fluoxetine and placebo. (/article/findings-study-showed-saffron-administration-was-well-comparable-fluoxetine-an)** [+]

DEC 31, 2018

**The results confirm the efficacy of the three herbal active substances in elderly patients with anxiety, depression, and dementia. (/article/results-confirm-efficacy-three-herbal-active-substances-elderly-patients-anxie)** [+]

JUN 19, 2015

**Topical mother's milk may provide an effective alternative to topical antibiotics in infant epiphora. (/article/topical-mothers-milk-may-provide-effective-alternative-topical-antibiotics-inf)** [+]

FEB 01, 2007

**Zingiberaceae extracts are clinically effective hypoalgesic agents and the available data show a better safety profile than non steroidal anti inflammatory drugs. (/article/zingiberaceae-extracts-are-clinically-effective-hypoalgesic-agents-and-availab)** [+]

DEC 31, 2014

**The intraluminal administration of peppermint oil by using a hand pump is a simple, safe, and convenient alternative to the systemic injection of a cholinergic blocking agent or glucagon during colonoscopy. (/article/intraluminal-administration-peppermint-oil-using-hand-pump-simple-safe-and-con)** [+]

FEB 01, 2001

**2% dill vaginal suppositories were as effective as 100 mg clotrimazole vaginal tablets in reducing both the clinical and microbiological symptoms. (/article/2-dill-vaginal-suppositories-were-effective-100-mg-clotrimazole-vaginal-tablet)** [+]

MAR 18, 2018

**A combination of baicalin (a compound found within Chinese skullcap) and catechin (a polyphenol plant antioxidant) are as effective as naproxen in treating osteoarthritis of the knee. (/article/combination-baicalin-compound-found-within-chinese-skullcap-and-catechin-polyp)** [+]

DEC 01, 1985

**A combination of garlic, mullein, calendula, st. johns wort and olive oil is as effective as an anesthetic drug for the management of acute otitis media-associated pain. (/article/combination-garlic-mullein-calendula-st-johns-wort-and-olive-oil-effective-ane)** [+]

JUL 01, 2001

**A combination of nasturtium herb and horseradish root is as effetive in treating acute sinusitis, acute bronchitis and acute urinary tract infections as comparable to treatment with standard antibiotics. (/article/combination-nasturtium-herb-and-horseradish-root-effetive-treating-acute-sinus)** [+]

JAN 01, 2006

**A Comparative study on the efficacy of coenzyme Q10 and amitriptyline in the prophylactic treatment of migraine headaches. (/article/comparative-study-efficacy-coenzyme-q10-and-amitriptyline-prophylactic-treatme)** [+]

DEC 31, 2021

**A diet high in plant sterols, vegetable proteins, viscous fibers and almonds is as effective as the statin drug lovastatin in managing hypercholesterolemia. (/article/diet-high-plant-sterols-vegetable-proteins-viscous-fibers-and-almonds-effectiv)** [+]

JUL 23, 2003

**A homeopathic combination (Vertigoheel) reduced the frequency, duration, and intensity of vertigo attacks and compared favorably to the drug betahistine hydrochloride. (/article/homeopathic-combination-vertigoheel-reduced-frequency-duration-and-intensity-v)** [+]

AUG 01, 1998

**A homeopathic gel compares favorably to NSAID gel for treating osteoarthritis of the knee. (/article/homeopathic-gel-compares-favorably-nsaid-gel-treating-osteoarthritis-knee)** [+]

JUL 01, 2000

**A homeopathic ointment preparation compares favorably with 1% diclofenac gel for acute symptomatic treatment of tendinopathy. (/article/homeopathic-ointment-preparation-compares-favorably-1-diclofenac-gel-acute-sym)** [+]

NOV 01, 2005

**A horsetail extract produced a diuretic effect that was stronger than that of the negative control and was equivalent to that of hydrochlorothiazide. (/article/horsetail-extract-produced-diuretic-effect-was-stronger-negative-control-and-w)** [+]

DEC 31, 2013

**A standardized preparation of curcuminoids compares favorably with atorvastatin on endothelial dysfunction in association with reductions in inflammatory cytokines and markers of oxidative stress. (/article/standardized-preparation-curcuminoids-compares-favorably-atorvastatin-endothel)** [+]

JAN 01, 2008

**Acupuncture is as effective as low-dose prednisolone for mild-to-moderate carpal tunnel syndrome. (/article/acupuncture-effective-low-dose-prednisolone-mild-moderate-carpal-tunnel-syndro)** [+]

MAY 01, 2009



**Administration of olive oil followed by a low volume of polyethylene glycol-electrolyte lavage solution improves patient satisfaction with right-side colonic cleansing over conventional preparation. (/article/administration-olive-oil-followed-low-volume-polyethylene-glycol-electrolyte-l)** [+]

SEP 01, 2009

**Administration of saffron capsules was comparable with memantine in reducing cognitive decline in patients with moderate to severe AD. (/article/administration-saffron-capsules-was-comparable-memantine-reducing-cognitive-de)** [+]

JUN 30, 2014

**Aloe vera and tea tree oil mouthwashes can decrease plaque, gingivitis and S. mutans in the oral cavity in children. (/article/aloe-vera-and-tea-tree-oil-mouthwashes-can-decrease-plaque-gingivitis-and-s-mu)** [+]

MAY 19, 2019

**Aloe vera gel has been shown to be as effective as benzyl benzoate in the treatment of scabies. (/article/aloe-vera-gel-has-been-shown-be-effective-benzyl-benzoate-treatment-scabies)** [+]

MAR 09, 2009

**Aloe vera may prove an effective mouthwash due to its ability in reducing dental plaque. (/article/aloe-vera-may-prove-effective-mouthwash-due-its-ability-reducing-dental-plaque)** [+]

MAR 31, 2014

**Aloe vera mouthwash has comparable antiplaque efficacy as the gold standard 0.2% chlorhexidine gluconate with fewer side effects. (/article/aloe-vera-mouthwash-has-comparable-antiplaque-efficacy-gold-standard-02-chlorh)** [+]

APR 30, 2016

**Aloe vera mouthwash was as beneficial as benzydamine mouthwash in alleviating the severity of radiation-induced mucositis. (/article/aloe-vera-mouthwash-was-beneficial-** [+]

## benzydamine-mouthwash-alleviating-severity-)

DEC 31, 2014

**An extract of saw palmetto compares favorably with the drug tamsulosin in the treatment of benign prostatic hyperplasia. (/article/extract-saw-palmetto-compares-favorably-drug-tamsulosin-treatment-benign-prost)** [+]

JUN 01, 2002

**An herbal extract combination (Biochanin A, Acetyl tetrapeptide-3, and ginseng extracts) versus 3% minoxidil solution for the treatment of androgenetic alopecia. (/article/herbal-extract-combination-biochanin-acetyl-tetrapeptide-3-and-ginseng-extract)** [+]

SEP 30, 2020

**Arnica is superior to steroids for reducing adverse effects, e.g. bruising, from rhinoplastic surgery. (/article/arnica-superior-steroids-reducing-adverse-effects-eg-bruising-rhinoplastic-sur)** [+]

JUL 01, 2007

**Arnica montana is efficacious in healing wound associated with Hallux valgus (bunion) surgery. (/article/arnica-montana-efficacious-healing-wound-associated-hallux-valgus-bunion-surge)** [+]

JAN 01, 2008

**Berberine is a potent oral hypoglycemic agent with beneficial effects on lipid metabolism, comparable in efficacy to metformin. (/article/berberine-potent-oral-hypoglycemic-agent-benefical-effects-lipid-metabolism-co)** [+]

MAY 01, 2008

**Berberine lowers blood glucose in type 2 diabetes mellitus patients through increasing insulin receptor expression. (/article/berberine-lowers-blood-glucose-type-2-diabetes-mellitus-patients-through-incre)** [+]

OCT 06, 2009

**Bioavailable turmeric extract is as effective as paracetamol in reducing pain and other symptoms of knee osteoarthritis. [ + ]**  
(/article/bioavailable-turmeric-extract-effective-paracetamol-reducing-pain-and-other-sy)

JAN 29, 2021

**Black chokeberry juice lowered the incidence of Urinary tract infections by 55% and a reduction in antibiotics use in patients. [ + ]**  
(/article/black-chokeberry-juice-lowered-incidence-urinary-tract-infections-55-and-reduc)

MAY 31, 2014

**Black cohosh compares favorably to fluoxetine in the treatment of postmenopausal symptoms. [ + ]**  
(/article/black-cohosh-compares-favorably-fluoxetine-treatment-postmenopausal-symptoms)

FEB 28, 2007

**Black cumin possesses clinical useful anti-H. pylori activity compared to triple therapy. [ + ]**  
(/article/black-cumin-possesses-clinical-useful-anti-h-pylori-activity-compared-triple-t)

JUL 01, 2010

**Both hyaluronic acid vaginal gel and estriol cream can significantly improve the clinical symptoms of vaginal dryness in postmenopausal women, with improvement rate of 84.44% and 89.42%, respectively, after 10 applications, without statistically signfica [ + ]**  
(/article/both-hyaluronic-acid-vaginal-gel-and-estriol-cream-can-significantly-improve-c)

MAY 31, 2013

**Bright light treatment, both as monotherapy and in combination with fluoxetine, was efficacious and well tolerated in the treatment of adults with nonseasonal Nonseasonal Major Depressive Disorder. [ + ]**  
(/article/bright-light-treatment-both-monotherapy-and-combination-fluoxetine-was-efficac)

DEC 31, 2015

**Butterbur is as effective as fexofenadine in attenuating nasal symptoms in patients with perennial allergic rhinitis. (/article/butterbur-effective-fexofenadine-attenuating-nasal-symptoms-patients-perennial)** [+]

APR 01, 2004

**Caffeine compares favorably to amphetamine in reducing the symptoms of treatment-resistant obsessive-compulsive disorder. (/article/caffeine-compares-favorably-amphetamine-reducing-symptoms-treatment-resistant-)** [+]

NOV 01, 2009

**Caffeine is as effective as aminophylline, while it is superior to aminophylline regarding its overall safety. (/article/caffeine-effective-aminophylline-while-it-superior-aminophylline-regarding-its)** [+]

DEC 31, 2017

**Castor oil is safe and effective in the treatment of patients with osteoarthritis. (/article/castor-oil-safe-and-effective-treatment-patients-with-osteoarthritis)** [+]

OCT 01, 2009

**Celadrin, a proprietary formula containing Cetyl Myristoleate, improves knee function in patients with osteoarthritis (/article/celadrin-proprietary-formula-containing-cetyl-myristoleate-improves-knee-funct)** [+]

AUG 01, 2002

**Chamomile extract produced a clinically meaningful reduction in generalized anxiety disorder symptoms over 8 weeks. (/article/chamomile-extract-produced-clinically-meaningful-reduction-generalized-anxiety)** [+]

DEC 14, 2016

**Chamomile extract reduced biofilm accumulation and gingival bleeding in patients with gingivitis. (/article/chamomile-extract-reduced-biofilm-accumulation-and-gingival-bleeding-patients-)** [+]

**Chamomile is as effective as clotrimazole in vulvovaginal candidiasis treatment. (/article/chamomile-effective-clotrimazole-vulvovaginal-candidiasis-treatment)** [+]

DEC 30, 2021

**Cinnamon as compared significantly reduces the severity and duration of pain during menstruation, but this effect is less compared to that of Ibuprofen. (/article/cinnamon-compared-significantly-reduces-severity-and-duration-pain-during-mens)** [+]

MAR 31, 2015

**Clove is as effective as benzocaine as a topical anesthetic. (/article/clove-effective-benzocaine-topical-anesthetic)** [+]

NOV 01, 2006

**Coconut oil gargling is as effective as using chlorhexidine mouthwash for the reduction of S. mutans. (/article/coconut-oil-gargling-effective-using-chlorhexidine-mouthwash-reduction-s-mutan)** [+]

AUG 31, 2016

**Comparable efficacy of standardized Ayurveda formulation and hydroxychloroquine sulfate (HCQS) in the treatment of rheumatoid arthritis (RA). (/article/comparable-efficacy-standardized-ayurveda-formulation-and-hydroxychloroquine-s)** [+]

JAN 31, 2012

**Comparative study of efficacy of l-5-hydroxytryptophan and fluoxetine in patients presenting with first depressive episode. (/article/comparative-study-efficacy-l-5-hydroxytryptophan-and-fluoxetine-patients-prese)** [+]

JAN 31, 2013

**Consumption of rose oil soft capsule alleviates cardinal GERD symptoms similar to omeprazole. (/article/consumption-rose-oil-soft-capsule-alleviates-cardinal-gerd-symptoms-similar-om)** [+]

**Continual intake of a probiotic drink containing *Lactobacillus brevis* led to a reduction in the incidence of influenza, especially in subjects not inoculated with influenza vaccine. (/article/continual-intake-probiotic-drink-containing-lactobacillus-brevis-led-reduction)** [+]

NOV 30, 2014

**Cranberry compares favorably to the drug trimethoprim in the prevention of recurrent urinary tract infections in older women, without increasing the risk of antibiotic resistance/super-infection and/or fungal infection. (/article/cranberry-compares-favorably-drug-trimethoprim-prevention-recurrent-urinary-tr)** [+]

FEB 01, 2009

**Crocina is effective in treatment of patients with mild to moderate OCD with possibly fewer adverse effects compared to fluoxetine. (/article/crocina-effective-treatment-patients-mild-moderate-ocd-possibly-fewer-adverse-e)** [+]

FEB 17, 2021

***Crocus sativus* compares favorably in the treatment of mild to moderate depression. (/article/crocus-sativus-compares-favorably-treatment-mild-moderate-depression)** [+]

FEB 27, 2005

***Curcuma longa* Linn can improve dyspeptic symptoms, improve quality of life, and provide satisfaction equivalent to omeprazole. (/article/curcuma-longa-linn-can-improve-dyspeptic-symptoms-improve-quality-life-and-pro)** [+]

OCT 14, 2021

**Curcumin compares favorably with corticosteroid therapy in the management of chronic anterior uveitis. (/article/curcumin-compares-favorably-corticosteroid-therapy-management-chronic-anterior)** [+]

JUN 01, 1999

**Curcumin is comparable to chlorhexidine as an anti-inflammatory mouthwash. Thus, it can be considered as an effective adjunct to mechanical periodontal therapy. (/article/curcumin-comparable-chlorhexidine-anti-inflammatory-mouthwash-thus-it-can-be-c)** [+]

DEC 31, 2012

**Curcumin is safe and efficacious in treating major depressive disorder. (/article/curcumin-safe-and-efficacious-treating-major-depressive-disorder)** [+]

JUL 05, 2013

**Cyclic antibiotic therapy in combination with fiber for diverticular disease results in very little benefit in comparison to fiber alone. (/article/cyclic-antibiotic-therapy-combination-fiber-diverticular-disease-results-very-)** [+]

SEP 01, 2010

**Dietary flaxseed lignan improves lower urinary tract symptoms in benign prostatic hyperplasia subjects as well as drug therapy. (/article/dietary-flaxseed-lignan-improves-lower-urinary-tract-symptoms-benign-prostatic)** [+]

JAN 01, 2007

**Dietary soy supplementation constitutes an effective alternative therapy for somatic and urogenital symptoms of the menopause. (/article/dietary-soy-supplementation-constitutes-effective-alternative-therapy-somatic-)** [+]

NOV 01, 2010

**Dill might be beneficial for hypercholesterolemic and hypertriglycemic patients. (/article/dill-might-be-beneficial-hypercholesterolemic-and-hypertriglycemic-patients)** [+]

JUL 31, 2014

**Dill was as effective as mefenamic acid in reducing the pain severity in primary dysmenorrhea. (/article/dill-was-effective-mefenamic-acid-reducing-pain-severity-primary-dysmenorrhea)** [+]

**Echinacea/sage is at least as effective as chlorhexidine/lidocaine for treating acute sore throats. (/article/echinaceasage-least-effective-chlorhexidinelidocaine-treating-acute-sore-throa)** [+]

SEP 01, 2009

**Effectiveness of ginger powder for the management of pain and gingival inflammation following open flap debridement is comparable to that of ibuprofen. (/article/effectiveness-ginger-powder-management-pain-and-gingival-inflammation-followin)** [+]

JUL 01, 2020

**Effects of psilocybin therapy on personality structure. (/article/effects-psilocybin-therapy-personality-structure)** [+]

OCT 31, 2018

**Efficacy and safety of Curcuma domestica extracts compared with ibuprofen in patients with knee osteoarthritis: a multicenter study. (/article/efficacy-and-safety-curcuma-domestica-extracts-compared-ibuprofen-patients-kne)** [+]

DEC 31, 2013

**Efficacy and short-term safety of topical Dwarf Elder (Sambucus ebulus L.) versus diclofenac for knee osteoarthritis. (/article/efficacy-and-short-term-safety-topical-dwarf-elder-sambucus-ebulus-l-versus-di)** [+]

JUL 20, 2016

**Efficacy of Bacopa monnieri and donepezil in Alzheimer's disease and mild cognitive impairment. (/article/efficacy-bacopa-monnieri-and-donepezil-alzheimers-disease-and-mild-cognitive-i)** [+]

OCT 31, 2020

**Efficacy of high-dissolution turmeric-boswellia formulation for pain relief in adult subjects with acute musculoskeletal pain compared to acetaminophen. (/article/efficacy-high-dissolution-turmeric-boswellia-formulation-pain-relief-adult-sub)** [+]



**Efficacy of oil pulling therapy with coconut oil on four-day supragingival plaque growth. (/article/efficacy-oil-pulling-therapy-coconut-oil-four-day-supragingival-plaque-growth) [ + ]**

NOV 30, 2019

**Fennel extract/vitamin E compares favorably with ibuprofen on the pain intensity in students with primary dysmenorrhea. (/article/fennel-extractvitamin-e-compares-favorably-ibuprofen-pain-intensity-students-p) [ + ]**

AUG 31, 2013

**Fennel is safe and effective for treating primary dysmenorrhea. (/article/fennel-safe-and-effective-treating-primary-dysmenorrhea) [ + ]**

FEB 01, 2003

**Fig tree latex is safe and effective in treating common warts. (/article/fig-tree-latex-safe-and-effective-treating-common-warts) [ + ]**

MAY 01, 2007

**Fish oil compares favorably to montelukast (Singular) in reducing the severity of exercise-induced bronchoconstriction. (/article/fish-oil-compares-favorably-montelukast-singular-reducing-severity-exercise-in) [ + ]**

JAN 01, 2010

**Fourteen days of treatment with lozenges having L. brevis CD2 have a lasting effect on clinical measures of aggressive periodontitis. (/article/fourteen-days-treatment-lozenges-having-l-brevis-cd2-have-lasting-effect-clini) [ + ]**

JUN 30, 2017

**Garcinia kola 0.5% aqueous eye drops were comparable to Timolol 0.5% eye drops in lowering intraocular pressure. (/article/garcinia-kola-05-aqueous-eye-drops-were-comparable-timolol-05-eye-drops-loweri) [ + ]**

**Garlic may provide an ideal alternative to acetylsalicylic acid (aspirin) in arteriosclerosis prevention. (/article/garlic-may-provide-ideal-alternative-acetylsalicylic-acid-aspirin-arterioscler)** [+]

APR 01, 2008

**Genistein compares favorably to HRT in supporting bone health in early postmenopausal women. (/article/genistein-compares-favorably-hrt-supporting-bone-health-early-postmenopausal-w)** [+]

OCT 01, 2002

**Ginger compares favorably to the drug sumatriptan for migraine headaches, but with lower side effects. (/article/ginger-compares-favorably-drug-sumatriptan-migraine-headaches-lower-side-effec)** [+]

MAY 08, 2013

**Ginger is as effective as mefenamic acid and ibuprofen in relieving pain in women with primary dysmenorrhea. (/article/ginger-effective-mefenamic-acid-and-ibuprofen-relieving-pain-women-primary-dys)** [+]

FEB 13, 2009

**Ginkgo biloba compares favorably to the drug Aricept (donepezil) for the treatment of Alzheimer's dementia. (/article/ginkgo-biloba-compares-favorably-drug-aricept-donepezil-treatment-alzheimers-d)** [+]

SEP 01, 2006

**Ginkgo biloba compares favorably to the drug donepezil in the treatment of dementia. (/article/ginkgo-biloba-compares-favorably-drug-donepezil-treatment-dementia)** [+]

SEP 01, 2009

**Ginkgo biloba extract EGb 761 versus pentoxifylline in chronic tinnitus. (/article/ginkgo-biloba-extract-egb-761-versus-pentoxifylline-chronic-tinnitus)** [+]

**Ginkgo is effective in treating pulmonary interstitial fibrosis. [ + ]**  
(/article/ginkgo-effective-treating-pulmonary-interstitial-fibrosis)

MAR 01, 2005

**Guava leaf extract (Psidium guajavae folium) significantly reduces [ + ]**  
menstrual pain compared to ibuprofen. (/article/guava-leaf-extract-psidium-guajavae-folium-significantly-reduces-menstrual-pain)

APR 01, 2007

**Guggul extract is as at least as effective as tetracycline in treating [ + ]**  
nodulocystic acne. (/article/guggul-extract-least-effective-tetracycline-treating-nodulocystic-acne)

OCT 01, 1994

**Herbal formulation turmeric extract, black pepper, and ginger [ + ]**  
versus naproxen for chronic knee osteoarthritis. (/article/herbal-formulation-turmeric-extract-black-pepper-and-ginger-versus-naproxen-ch)

JUL 31, 2020

**Homeopathic medicine is as effective and better tolerated than [ + ]**  
Prozac (fluoxetine) in the treatment of acute depression. (/article/homeopathic-medicine-effective-and-better-tolerated-prozac-fluoxetine-treatment)

AUG 17, 2009

**Homoeopathic treatments could be a good addition to conventional [ + ]**  
treatments of eczema. (/article/homoeopathic-treatments-could-be-good-addition-conventional-treatments-eczema)

JAN 31, 2008

**Hyaluronic acid injections compare favorably to corticosteroids for [ + ]**  
the treatment of osteoarthritis of the knee. (/article/hyaluronic-acid-injections-compare-favorably-corticosteroids-treatment-osteoar)

**Hyaluronic acid vaginal tablets can be used in patients with atrophic vaginitis who do not want to or can not take local estrogen treatment. (/article/hyaluronic-acid-vaginal-tablets-can-be-used-patients-atrophic-vaginitis-who-do)** [+]

FEB 28, 2011

**Hypericum perforatum compares favorable to fluoxetine in the treatment of mild to moderate depression. (/article/hypericum-perforatum-compares-favorable-fluoxetine-treatment-mild-moderate-d-0)** [+]

FEB 28, 2006

**Hypericum perforatum compares favorable to fluoxetine in the treatment of mild to moderate depression. (/article/hypericum-perforatum-compares-favorable-fluoxetine-treatment-mild-moderate-dep)** [+]

FEB 28, 2006

**In this comparative study, homoeopathic remedies against conventional treatments, the homoeopathic remedies had lower free of recurrence rates. (/article/comparative-study-homoeopathic-remedies-against-conventional-treatments-homoeo)** [+]

JUN 30, 1997

**In this trial cannabis induced a clinical remission in 50% of patients with long standing Crohn's disease with 80% nonresponse or intolerance to anti-TNF- $\alpha$  treatment. (/article/trial-cannabis-induced-clinical-remission-50-patients-long-standing-crohns-dis)** [+]

SEP 30, 2013

**Intravenously injected lidocaine or magnesium improves the quality of early recovery after laparoscopic cholecystectomy. (/article/intravenously-injected-lidocaine-or-magnesium-improves-quality-early-recovery-)** [+]

FEB 28, 2021

**Iron supplementation is well tolerated and as effective as stimulants in alleviating ADHD symptoms in children with low serum ferritin levels. (/article/iron-supplementation-well-tolerated-and-effective-stimulants-alleviating-adhd-)** [+]

JAN 01, 2008

**L-tryptophan is as effective as imipramine in treating depression. (/article/l-tryptophan-effective-imipramine-treating-depression)** [+]

SEP 01, 1979

**L. reuteri is a good alternative for patients with chronic dyspepsia for the eradication of H. pylori infection. (/article/l-reuteri-good-alternative-patients-chronic-dyspepsia-eradication-h-pylori-inf)** [+]

SEP 30, 2019

**Lavender oil has antifungal activity and can be used as an antifungal agent against C. albicans. (/article/lavender-oil-has-antifungal-activity-and-can-be-used-antifungal-agent-against-)** [+]

DEC 31, 2014

**Licorice may be an effective alternative to the pharmaceutical preparation amlexanox in treating aphthous ulcers. (/article/licorice-may-be-effective-alternative-pharmaceutical-preparation-amlexanox-tre)** [+]

JAN 01, 2008

**Licorice seems more effective than HRT in improving hot flash duration, but that HRT can reduce the duration and severity of hot flashes more than licorice. (/article/licorice-seems-more-effective-hrt-improving-hot-flash-duration-hrt-can-reduce-)** [+]

DEC 31, 2013

**M. koenigii mouthwash is equally effective as chlorhexidine in treating plaque-induced gingivitis. (/article/m-koenigii-mouthwash-equally-effective-chlorhexidine-treating-plaque-induced-g)** [+]

AUG 31, 2018

**M. officinalis and L. angustifolia effect is similar to fluoxetine in mild to moderate depression. (/article/m-officinalis-and-l-angustifolia-effect-similar-fluoxetine-mild-moderate-depre)** [+]

JUL 02, 2020

**Mango leaf mouthwash was effective against salivary microbial population, plaque inhibition, and improved gingival health. (/article/mango-leaf-mouthwash-was-effective-against-salivary-microbial-population-plaqu)** [+]

FEB 28, 2017

**Manuka honey is as effective as chlorhexidine mouthwash in reducing plaque formation. (/article/manuka-honey-effective-chlorhexidine-mouthwash-reducing-plaque-formation)** [+]

OCT 01, 2010

**Melatonin could be used in migraine prophylaxis treatments. (/article/melatonin-could-be-used-migraine-prophylaxis-treatments)** [+]

DEC 31, 2017

**Milk thistle (Silybum marianum) compares favorably with fluoxetine in the treatment of obsessive-compulsive disorder. (/article/milk-thistle-silybum-marianum-compares-favorably-fluoxetine-treatment-obsessiv)** [+]

MAR 17, 2010

**Mouthwash containing Anacardium occidentale was effective as an antiplaque and antigingivitis agent. (/article/mouthwash-containing-anacardium-occidentale-was-effective-antiplaque-and-antig)** [+]

JUN 30, 2016

**Moxibustion is as effective as the benzodiazepine derivative Estrazolam for treating insomnia. (/article/moxibustion-effective-benzodiazepine-derivative-estrazolam-treating-insomnia)** [+]

JUN 01, 2009

**Mucuna pruriens could be a sustainable alternative to marketed levodopa for indigent individuals with Parkinson disease. (/article/mucuna-pruriens-could-be-sustainable-alternative-marketed-levodopa-indigent-in)** [ + ]

JUL 31, 2017

**N-acetylcysteine compares favorably to metformin on mammographic density in postmenopausal women. (/article/n-acetylcysteine-compares-favorably-metformin-mammographic-density-postmenopau)** [ + ]

DEC 31, 2011

**N. sativa seed oil has clinical effectiveness comparable to topical diclofenac in the treatment of cyclic mastalgia. (/article/n-sativa-seed-oil-has-clinical-effectiveness-comparable-topical-diclofenac-tre)** [ + ]

NOV 18, 2015

**Naturopathic treatment for ear pain is demonstrated superior to antibiotic treatment. (/article/naturopathic-treatment-ear-pain-demonstrated-superior-antibiotic-treatment)** [ + ]

MAY 01, 2003

**Novel Emblica officinalis extract containing  $\beta$ -glucogallin vs. metformin. (/article/novel-emblica-officinalis-extract-containing-glucogallin-vs-metformin)** [ + ]

SEP 21, 2022

**Oil pulling therapy (sesame oil) has been shown equally effective as chlorhexidine on halitosis. (/article/oil-pulling-therapy-sesame-oil-has-been-shown-equally-effective-chlorhexidine-)** [ + ]

APR 01, 2011

**Olive (*Olea europaea*) leaf extract, at the dosage regimen of 500 mg twice daily, was similarly effective in lowering systolic and diastolic blood pressures in subjects with stage-1 hypertension as Captopril,** [ + ]

**given at its effective dose of 12.5-25 mg twice (/article/olive-olea-europaea-leaf-extract-dosage-regimen-500-mg-twice-daily-was-similar)**

FEB 14, 2011

**Omega-3 fatty acids are not inferior to prednisone in patients with IgA nephropathy. (/article/omega-3-fatty-acids-are-not-inferior-prednisone-patients-iga-nephropathy)** [ + ]

MAY 01, 2006

**Omega-3 in modest doses reduces cardiac deaths, and in high doses reduces nonfatal cardiovascular events. Red yeast rice reduces adverse cardiac events to a similar degree as the statins. (/article/omega-3-modest-doses-reduces-cardiac-deaths-and-high-doses-reduces-nonfatal-ca)** [ + ]

AUG 20, 2008

**Oral fennel (Foeniculum vulgare) drop compares favorably to an NSAID on primary dysmenorrhea. (/article/oral-fennel-foeniculum-vulgare-drop-compares-favorably-nsaid-primary-dysmenorr)** [ + ]

FEB 28, 2013

**Oral fennel (Foeniculum vulgare) drop effect on primary dysmenorrhea: Effectiveness of herbal drug. (/article/oral-fennel-foeniculum-vulgare-drop-effect-primary-dysmenorrhea-effectiveness-)** [ + ]

FEB 28, 2013

**Oral L-ornithine-L-aspartate is therapeutic in cirrhotic patients with hyperammonemic hepatic encephalopathy (/article/oral-l-ornithine-l-aspartate-therapeutic-cirrhotic-patients-hyperammonemic-hep)** [ + ]

OCT 01, 2006

**Oregano essential oil is effective against insecticide-susceptible and pyrethroid/malathion-resistant head lice. (/article/oregano-essential-oil-effective-against-insecticide-susceptible-and-pyrethroid)** [ + ]



**Paediatric patients with giardiasis may benefit from 5 days treatment with AGAE. (/article/paediatric-patients-giardiasis-may-benefit-5-days-treatment-agae)** [+]

JUN 30, 2014

**Peppermint is at least as effective as the drug simethicone in the treatment of infantile colic. (/article/peppermint-least-effective-drug-simethicone-treatment-infantile-colic)** [+]

DEC 31, 2011

**Plaintain seeds (psyllium) may be as effective as mesalamine to maintain remission in ulcerative colitis. (/article/plaintain-seeds-psyllium-may-be-effective-mesalamine-maintain-remission-ulcera)** [+]

FEB 01, 1999

**Policosanol (20 mg day) is as effective as aspirin (100 mg day) as a platelet aggregation inhibitor. (/article/policosanol-20-mg-day-effective-aspirin-100-mg-day-platelet-aggregation-inhibi)** [+]

OCT 01, 1997

**Pomegranate and chamomile plant extracts had antimicrobial and anti-inflammatory properties similar to that of chlorhexidine 0.12%. (/article/pomegranate-and-chamomile-plant-extracts-had-antimicrobial-and-anti-inflammato)** [+]

JAN 31, 2014

**Probiotic (LP-33) was equally effective as cetirizine in under five year's children for the treatment of perennial allergic rhinitis. (/article/probiotic-lp-33-was-equally-effective-cetirizine-under-five-years-children-tre)** [+]

OCT 31, 2019

**Probiotic multistrain treatment may eradicate Helicobacter pylori from the stomach of dyspeptics. (/article/probiotic-multistrain-treatment-may-eradicate-helicobacter-pylori-stomach-dysp)** [+]

**Probiotics prophylaxis was as effective as antibiotic prophylaxis in children with persistent primary vesicoureteral reflux. [ + ]**  
(/article/probiotics-prophylaxis-was-effective-antibiotic-prophylaxis-children-persisten)

SEP 01, 2007

**Pumpkin seed oil relieved benign prostatic hyperplasia symptoms with no side effects [ + ]**  
(/article/pumpkin-seed-oil-relieved-benign-prostatic-hyperplasia-symptoms-no-side-effect)

OCT 18, 2021

**Pycnogenol® appears to be at least as effective for post-thrombosis management as compression stockings, while the combination of both is superior. [ + ]**  
(/article/pycnogenol-appears-be-least-effective-post-thrombosis-management-compression-s)

AUG 31, 2011

**R. rosea, although less effective than sertraline, may possess a more favorable risk to benefit ratio for individuals with mild to moderate depression. [ + ]**  
(/article/r-rosea-although-less-effective-sertraline-may-possess-more-favorable-risk-ben)

MAR 14, 2015

**Red yeast rice compares favorably to pravastatin in patients with previous statin intolerance. [ + ]**  
(/article/red-yeast-rice-compares-favorably-pravastatin-patients-previous-statin-intoler)

JAN 15, 2010

**Red yeast rice induced less fatigue side effect and exerted comparable lipid-lowering effects when compared to simvastatin. [ + ]**  
(/article/red-yeast-rice-induced-less-fatigue-side-effect-and-exerted-comparable-lipid-l)

JAN 17, 2017

**Saccharomyces boulardii is as effective as the drug metronidazole in treating amebiasis-associated diarrhea in children. [ + ]**  
(/article/saccharomyces-boulardii-effective-drug-metronidazole-treating-amebiasis-associ)

MAY 01, 2009

**Saffron and duloxetine demonstrated comparable efficacy in treatment of fibromyalgia symptoms. [ + ]**  
(/article/saffron-and-duloxetine-demonstrated-comparable-efficacy-treatment-fibromyalgia)

OCT 31, 2018

**Saffron appears to be a powerful antidepressant for older people, who might be more reluctant to the use of synthetic drugs. [ + ]**  
(/article/saffron-appears-be-powerful-antidepressant-older-people-who-might-be-more-relu)

OCT 11, 2019

**Saffron capsules showed the same antidepressant efficacy compared with fluoxetine in patients with a prior history of PCI who were suffering from depression. [ + ]**  
(/article/saffron-capsules-showed-same-antidepressant-efficacy-compared-fluoxetine-patie)

JAN 31, 2014

**Saffron compares favorably to donepezil in the treatment of mild-to-moderate Alzheimer's disease. [ + ]**  
(/article/saffron-compares-favorably-donepezil-treatment-mild-moderate-alzheimers-diseas)

JAN 01, 2010

**Saffron could be a safe alternative medication for improving depressive symptoms of postpartum depression. [ + ]**  
(/article/saffron-could-be-safe-alternative-medication-improving-depressive-symptoms-pos)

FEB 28, 2017

**Saffron has beneficial effects on depression and homocysteine level in patients with major depression. [ + ]**  
(/article/saffron-has-beneficial-effects-depression-and-homocysteine-level-patients-majo)

**Saffron is as effective as fluvoxamine in the treatment of patients with mild to moderate OCD. (/article/saffron-effective-fluvoxamine-treatment-patients-mild-moderate-ocd)** [ + ]

JUN 30, 2017

**Saffron may be of therapeutic benefit in the treatment of mild to moderate depression and has similar efficacy as the drug imipramine. (/article/saffron-may-be-therapeutic-benefit-treatment-mild-moderate-depression-and-has-)** [ + ]

SEP 02, 2004

**Sage extract is as effective as hydrocortisone in the topical treatment of erythema. (/article/sage-extract-effective-hydrocortisone-topical-treatment-erythema)** [ + ]

SEP 01, 2007

**Salt and soda mouthwashes are as effective as micronized sucalfate in treating radiation-induced mucositis. (/article/salt-and-soda-mouthwashes-are-effective-micronized-sucalfate-treating-radiati)** [ + ]

JAN 01, 2003

**Sam-e works as good as Piroxicam, but sustained clinical improvement longer. (/article/sam-e-works-good-piroxicam-sustained-clinical-improvement-longer)** [ + ]

NOV 20, 1987

**Saw palmetto compares favorably with the drug Flomax (tamsulosin) to alleviate benign prostatic hyperplasia (BPH). (/article/saw-palmetto-compares-favorably-drug-flomax-tamsulosin-alleviate-benign-prosta)** [ + ]

JAN 01, 2007

**Sesame seed supplementation compares favorably to drug therapy on clinical signs and symptoms in patients with knee osteoarthritis. (/article/sesame-seed-supplementation-compares-favorably-drug-** [ + ]

**Short-term therapy with saffron capsule showed the same efficacy compared with methylphenidate in patients with attention-deficit/hyperactivity disorder. (/article/short-term-therapy-saffron-capsule-showed-same-efficacy-compared-methylphenida)** [+]

MAR 31, 2019

**Sinecatechins 10% ointment presents a botanically based alternative to currently available treatments for EGWs that offers a satisfactory balance of clearance rates, reduced frequency of lesion recurrence. (/article/sinecatechins-10-ointment-presents-botanically-based-alternative-currently-ava)** [+]

DEC 31, 2014

**Spray formulations containing clove and eucalyptus oils are effective against susceptible and pyrethroid/malathion-resistant head lice. (/article/spray-formulations-containing-clove-and-eucalyptus-oils-are-effective-against-)** [+]

MAY 01, 2010

**Supplementation for six week with chlorella vulgaris extract improved anxiety, physical and cognitive symptoms of depression. (/article/supplementation-six-week-chlorella-vulgaris-extract-improved-anxiety-physical-)** [+]

JUL 31, 2015

**Sweet almond may be an effective treatment for children with ADHD. (/article/sweet-almond-may-be-effective-treatment-children-adhd)** [+]

JUL 31, 2019

**Taking cumin cyminum L. for eight weeks among overweight subjects had the same effects of orlistat120 on weight and BMI but with beneficial effects on insulin metabolism. (/article/taking-cumin-cyminum-l-eight-weeks-among-overweight-subjects-had-same-effects-)** [+]

**Tea tree is as effective as the drug clotrimazole for treating nail fungus. (/article/tea-tree-effective-drug-clotrimazole-treating-nail-fungus)** [+]

JUN 01, 1994

**Tea tree oil ameliorates acne with fewer side effects than the drug benzoyl peroxide. (/article/tea-tree-oil-ameliorates-acne-fewer-side-effects-drug-benzoyl-peroxide)** [+]

OCT 15, 1990

**Thai massage and thai herbal compression provided comparable clinical efficacy to oral ibuprofen after three weeks of treatment. (/article/thai-massage-and-thai-herbal-compression-provided-comparable-clinical-efficacy)** [+]

DEC 31, 2013

**The administration of oral maoto granules to healthy adults with seasonal influenza was well tolerated and associated with equivalent clinical and virological efficacy to oseltamivir or zanamivir. (/article/administration-oral-maoto-granules-healthy-adults-seasonal-influenza-was-well-)** [+]

JUL 31, 2012

**The anti-inflammatory potential of topical curcumin was similar to chlorhexidine-metronidazole but superior to chlorhexidine in affecting IL-1 $\beta$  and CCL28 levels. (/article/anti-inflammatory-potential-topical-curcumin-was-similar-chlorhexidine-metroni)** [+]

JUL 28, 2015

**The antiplaque and antigingivitis activity of triphala closely parallels that of chlorhexidine. (/article/antiplaque-and-antigingivitis-activity-triphala-closely-parallel-chlorhexidin)** [+]

DEC 31, 2013

**The Chinese Herbal Formula Jinniu is as effective as the drug lofexidine in attenuating acute heroin withdrawal symptoms. (/article/chinese-herbal-formula-jinniu-effective-drug-lofexidine-attenuating-acute-hero) [ + ]**

JAN 01, 2008

**The combined formulation of fruit extracts showed excellent antioxidative and anti-collagenase activity as well as a significant effect on anti-wrinkle activity on human skin. (/article/combined-formulation-fruit-extracts-showed-excellent-antioxidative-and-anti-co) [ + ]**

DEC 31, 2014

**The effectiveness of 0.5% C. sinensis extract was more compared to 0.05% sodium fluoride and 0.2% chlorhexidine gluconate mouth rinses. (/article/effectiveness-05-c-sinensis-extract-was-more-compared-005-sodium-fluoride-and-) [ + ]**

APR 30, 2015

**The effectiveness of triphala in the reduction of plaque and gingivitis was comparable to chlorhexidine without side effects. (/article/effectiveness-triphala-reduction-plaque-and-gingivitis-was-comparable-chlorhex) [ + ]**

MAY 21, 2014

**The ginger extract is as good as loratadine in improving nasal symptoms and quality of life in allergic rhinitis patients. (/article/ginger-extract-good-loratadine-improving-nasal-symptoms-and-quality-life-aller) [ + ]**

APR 19, 2020

**The homeopathic preparation Nervoheel N can offer an alternative to lorazepam therapy for mild nervous disorders. (/article/homeopathic-preparation-nervoheel-n-can-offer-alternative-lorazepam-therapy-mi) [ + ]**

NOV 30, 2009

**The omega-3 fatty acid EPA is as effective as fluoxetine (Prozac) in treating major depressive disorder. (/article/omega-3-fatty-acid-epa-effective-fluoxetine-prozac-treating-major-depressive-d)** [+]

MAR 01, 2008

**The present investigation demonstrates that ayahuasca has significant and quite impressive acute antidepressive effects. (/article/present-investigation-demonstrates-ayahuasca-has-significant-and-quite-impress)** [+]

DEC 31, 2014

**The results showed that 0.4% triphala and 0.12% CHX have similar inhibitory effect on plaque accumulation, gingivitis, and growth of *S. mutans*, *S. sanguinis*. (/article/results-showed-04-triphala-and-012-chx-have-similar-inhibitory-effect-plaque-a)** [+]

OCT 31, 2021

**The Tibetan traditional medicine Zhi Byed 11 is as effective as oral misoprostol for prophylaxis of postpartum hemorrhage, with lower rate of fever. (/article/tibetan-traditional-medicine-zhi-byed-11-effective-oral-misoprostol-prophylaxi)** [+]

MAR 01, 2009

**The topical application of *Nigella sativa* cream was effective and comparable to clobetasol propionate 0.05% gel in the management of OLP. (/article/topical-application-nigella-sativa-cream-was-effective-and-comparable-clobetas)** [+]

DEC 21, 2022

**The traditional Chinese herbal remedy Shuang Huang Lian Wan is as effective as penicillin in treating acute tonsillitis, with additional antiviral activity. (/article/traditional-chinese-herbal-remedy-shuang-huang-lian-wan-effective-penicilin-tr)** [+]

SEP 01, 2002

**There was no difference in efficacy between topical kanuka honey and 5% aciclovir in the pharmacy-based treatment of herpes simplex labialis. (/article/there-was-no-difference-efficacy-between-** [+]



**topical-kanuka-honey-and-5-aciclovir-)**

MAY 13, 2019

**These results show that the efficacy of saffron is comparable to that of methylphenidate. (/article/these-results-show-efficacy-saffron-comparable-methylphenidate)** [+]

SEP 27, 2022

**This cohort study indicates a comparable efficacy and tolerability profile of the homeopathic complex remedy euphorbium compositum nasal drops SN and the reference substance xylometazoline. (/article/cohort-study-indicates-comparable-efficacy-and-tolerability-profile-homeopathi)** [+]

JAN 31, 2005

**Thymus daenensis gel improves osteoarthritis symptoms in patients equal and without significant difference than diclofenac. (/article/thymus-daenensis-gel-improves-osteoarthritis-symptoms-patients-equal-and-witho)** [+]

MAY 31, 2019

**Thymus vulgaris is at least as effective as ibuprofen in reducing the severity of pain and spasm in primary dysmenorrhea. (/article/thymus-vulgaris-least-effective-ibuprofen-reducing-severity-pain-and-spasm-pri)** [+]

DEC 31, 2013

**Topical sesame oil was non-inferior to diclofenac gel on the reduction of the knee osteoarthritis pain. (/article/topical-sesame-oil-was-non-inferior-diclofenac-gel-reduction-knee-osteoarthrit)** [+]

NOV 30, 2019

**Topical treatment with arnica is as effective as ibuprofen for hand osteoarthritis. (/article/topical-treatment-arnica-effective-ibuprofen-hand-osteoarthritis)** [+]

APR 01, 2007

**Topical wintergreen oil has anti-platelet activity equivalent to that of aspirin. (/article/topical-wintergreen-oil-has-anti-platelet-activity-equivalent-aspirin) [+]**

MAY 01, 2002

**Total glucosides of paeony treatment could reduce the albuminuria and inflammatory markers in type 2 diabetes mellitus patients with diabetic kidney disease. (/article/total-glucosides-paeony-treatment-could-reduce-albuminuria-and-inflammatory-ma) [+]**

OCT 31, 2016

**Trial of psilocybin versus escitalopram for depression. (/article/trial-psilocybin-versus-escitalopram-depression) [+]**

JAN 14, 2021

**Triphala mouthwash (herbal) is an effective antiplaque agent like 0.2% chlorhexidine. (/article/triphala-mouthwash-herbal-effective-antiplaque-agent-02-chlorhexidine) [+]**

MAY 31, 2014

**Tryptophan-nicotinamide may be as effect as imipramine in the treatment of depression. (/article/tryptophan-nicotinamide-may-be-effect-imipramine-treatment-depression) [+]**

APR 01, 1979

**Tulsi has stood the test and is as effective as Chlorhexidine and Listerine in reducing the salivary S. mutans levels. (/article/tulsi-has-stood-test-and-effective-chlorhexidine-and-listerine-reducing-saliva) [+]**

OCT 31, 2011

**Turmeric compares favorably to chlorhexidine gluconate mouthwash in the prevention of plaque formation and gingivitis. (/article/turmeric-compares-favorably-chlorhexidine-gluconate-mouthwash-prevention-plaqu) [+]**

JAN 01, 2011

**Turmeric extract appears to be as safe and effective as ibuprofen for the treatment of knee osteoarthritis. (/article/turmeric-extract-appears-be-safe-and-effective-ibuprofen-treatment-knee-osteo)** [+]

MAY 01, 2010

**Vaginal hop was as effective as estradiol in improving the sexual dysfunction among postmenopausal women with no adverse events. (/article/vaginal-hop-was-effective-estradiol-improving-sexual-dysfunction-among-postmen)** [+]

DEC 31, 2022

**Valerian extract is comparable to the drug oxazepam in the treatment of non-organic insomnia. (/article/valerian-extract-comparable-drug-oxazepam-treatment-non-organic-insomnia)** [+]

NOV 25, 2002

**Viburcol was an effective alternative to acetaminophen treatment and significantly better tolerated. (/article/viburcol-was-effective-alternative-acetaminophen-treatment-and-significantly-b)** [+]

DEC 31, 2004

**Vitamin B6 were effective in the treatment of nausea and vomiting in early pregnancy. (/article/vitamin-b6-were-effective-treatment-nausea-and-vomiting-early-pregnancy)** [+]

FEB 28, 2014

**M. chamomilla L. has lower antibiofilm action, but comparable anti-caries effect to those found for chlorhexidine. (/article/m-chamomilla-l-has-lower-antibiofilm-action-comparable-anti-caries-effect-thos)** [+]

JUL 31, 2020

**Nigella sativa has successfully produced inhibition of growth of MCF cell lines with an equivalent potency as that of the standard cisplatin. (/article/nigella-sativa-has-successfully-produced-inhibition-growth-mcf-cell-lines-equi)** [+]

MAR 31, 2015

**O. majorana and F. vulgare aqueous extracts showed dose and time dependent anti-Blastocystis activity. (/article/o-majorana-and-f-vulgare-aqueous-extracts-showed-dose-and-time-dependent-anti-)** [+]

MAR 31, 2018

**The minimum inhibitory concentration of peel extract of Punica granatum approximated with that of the clotrimazole. (/article/minimum-inhibitory-concentration-peel-extract-punica-granatum-approximated-clo)** [+]

DEC 31, 2016

**St. Johns Wort extract is a potential alternative to phenobarbital in patients with Crigler-Najjar syndrome type II. (/article/st-johns-wort-extract-potential-alternative-phenobarbital-patients-crigler-naj)** [+]

DEC 20, 2015

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MAY 31, 2012

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## Fennel For Painful Periods: A Clinically Proven Drug Alternative (/blog/fennel-painful-periods-clinically-proven-drug-alternative)

Written by Sayer Ji, Founder (/gmi-blogs/Sayer%20Ji)

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Written by GreenMedInfo Research Group

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Mainstream medicine's cancer treatments are far from a cure. In fact, they make cancer more deadly. But new research shows lowly cabbages may be more effective in battling cancer

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## 7 Healing Uses For Lavender Essential Oil (/blog/7-healing-uses-lavender-essential-oil)



(/blog/7-healing-uses-lavender-essential-oil)

Written by GMI Reporter (/gmi-

blogs/GMI%20reporter)

Lavender has been used for medicinal purposes for over 2,500 years. Today lavender is the most popular essential oil in the world. Here are just 7 proven uses for this amazing oil

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## May All Your Medicines Be Green (/blog/may-all-your-medicines-be-green-1)



(/blog/may-all-your-medicines-be-green-1)

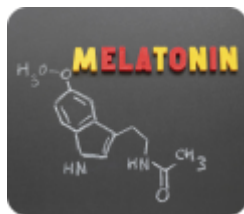
Written by Tracy Kolenchuk (/gmi-

blogs/tracychess)

Hippocrates - the father of medicine - said, "Let your food be your medicine, and let your medicine be your food." Medicines are a subset of foods, according to Hippocrates. I like that. What are medicines today? What are foods?

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## Melatonin Superior To Toxic Drug In Migraine Prevention Study



(/blog/melatonin-superior-toxic-drug-migraine-prevention-study)

(/blog/melatonin-superior-toxic-drug-migraine-prevention-study)

Written by Sayer Ji, Founder (/gmi-blogs/Sayer%20Ji)

A substance secreted by your own brain was found superior to a commonly prescribed toxic pharmaceutical at significantly reducing migraine headache frequency.

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